

# Response Circle

To live the way of Jesus in the world, learning to listen to the Spirit may be one of the most essential skills in order to join in Jesus' mission of love in the world.

When we hear from God, we sometimes call it a "kairos" or "kairos moment". From the Greek word for time we see in Mark 1:14-15 when Jesus says, "the time has come." It isn't chronological time, but rather a moment in time, or a fullness of time that breaks into our chronological time.

God's kingdom is breaking into our everyday lives, and God is trying to get our attention. It is an opportunity to grow in living the way of Jesus if we'll respond to what God is saying intentionally,

The following questions are designed to help you discern Kairos moments in your life.

## Reflect on the week/day/hour:

What happened? What did you do? Think about the actual moments and events.

- What were the high points?
- What were the low points?
- Did you experience stress?
- Did you experience peace?
- Were there moments of inspiration?
- Were there moments of frustration?
- Were there moments of wonder or joy?
- Were there moments of struggle?
- Were there any breakthroughs?
- Were there moments of failure or defeat?
- Were there any relational conflicts or tensions?

The answers to these questions are all ways God may be breaking into our lives, and thus they represent opportunities for growth as disciples of Jesus.

We grow as disciples when we discern what God is saying to us (through the Kairos moment, through Scripture, others, experiences, etc.), and then put a plan into action to respond to what God is saying.

